



Prokkel

International Meeting



Prokkel





# What is *Stichting Prokkel*, or the Prokkel Foundation?

- *Stichting Prokkel* **inspires and encourages** organisations, enterprises, and locals to do activities involving people both with and without intellectual disabilities.
- It **facilitates** and **stimulates activity**
- Sometimes the foundation **organises** meetings to bring several parties together or to exchange information.





# What is a *Prokkel*?

- *Prokkels* are “exciting encounters” between **people with and without intellectual disabilities**.
- It’s an activity to **connect** these groups of people.
- It focuses on those who wouldn’t ordinarily meet each other.
- You can organise anything, anywhere, anytime, as long as there is a meeting between people with and without disabilities. These activities can be with two or two hundred people.





# Examples

- The Prokkel Foundation encourages local communities, workplaces, schools, care homes, municipalities, care providers, companies etc. to host and organise *Prokkel* events.
- These activities vary from arts and crafts workshops, community lunches, sporting activities to music concerts and workshops with different ministries and municipalities about the UN convention on the rights of persons with disabilities.





# From *Prokkels* to *Prokkelweek*

- *Prokkels* take place all year.
- Care providers and people with intellectual disabilities are always *Prokkeling* in many ways .
- The *Prokkelweek* is a week filled with *Prokkels*.
- *The Prokkelweek* serves as an **inspiration** for the entire year, it **encourages** organising activities. You might compare it to the day of the volunteer, or the day for the elderly... but for the entire week!





# What is the *Prokkelweek*?

- The *Prokkelweek* takes place annually during the first week of June.
- The week is filled with fun *Prokkels* connecting people with and without intellectual disabilities, with over 400 participating activities throughout the Netherlands.
- There are special *Prokkels* that only take place during this week.
- The *Prokkelweek* serves as an **inspiration and an example** for the entire year.





## Examples of *Prokkels* in the *Prokkelweek*

- *Prokkelsterrenslag*

The *Prokkelsterrenslag* is the opening event of the *Prokkelweek*: It is a huge sports event with eighty participating teams. Each team consists of five people with an intellectual disability, and five people without. They come from all kinds of companies and organisations.

There is a fee to participate, which generates money for the organisation.





# Examples of *Prokkels* in the *Prokkelweek*

- *Beleidsprokkels*

People with disabilities talk with government officials about the way they include the UN convention on the rights of persons with disabilities in their national policy. They also talk about their current position in society. It raises national awareness.





# Examples of *Prokkels* in the *Prokkelweek*

- *Prokkelstages*

*Prokkel* internships happen around the entire country. Companies, bakeries, shops, etc., offer internships where the person with an intellectual disability can work for a couple of hours. This way, they can develop new skills and find out what they can do, instead of what they can't do. Sometimes they get hired, but this is not the main purpose of the internship. It's about the experience.





# What is the goal of the *Prokkelweek*?

- To demonstrate to those in the local communities the **capabilities** and the various **skills** those with intellectual disabilities possess.
- To raise **awareness** for the way people with intellectual disabilities are treated in society as a whole.
- To provide new **experiences** for those who participate.
- To foster **positive interactions** between people with and without intellectual disabilities, and in their communities.
- To enlarge the **social network** of people with intellectual disabilities.
- To implement the **UN convention** on the rights of persons with disabilities in the Netherlands.





# What long term effects does *de Prokkelweek* establish?

- There is more **general awareness** for people with disabilities, and for their (hidden) talent and capabilities.
- People with intellectual disabilities get more **confident** because they have been taken seriously during this week which was due to the fact that they were able to show their skills.
- **Employers** discover how meaningful it is to hire someone with an intellectual disability, and will do so in the future.





## Why should *de Prokkelweek* go international?

- The UN convention for people with disabilities is of course a **worldwide convention**. It is an international matter. We should treat it as such.
- One of those principles is the right to **participate in and be included in society**.
- The *Prokkelweek* focuses on the rights of people with disabilities to live a life that is equal to the lives of people without disabilities. It draws attention to the **inequalities** that still exist in modern societies.





# What do you need in order to organise a *Prokkelweek*?

- Funding
- Organisation
- Communication
- Cooperation
- Public support





# Wrap up

- How to *Prokkel* in your own country!
- What would you like to share?
- Any questions?

